

AN AT-A-GLANCE COMPARISON OF ASIST & SFA

We are being asked by colleagues across the UK to explain the difference between:

1. **ASIST: Applied Suicide Intervention Skills Training**, LivingWorks Canadian workshop, and
2. **SFA: Suicide First Aid through Understanding Suicide Interventions**, the National Centre for Suicide Prevention Training UK's qualification programme.

Here is an at-a-glance comparison of the two:

	ASIST: Applied Suicide Intervention Skills Training	SFA: Suicide First Aid through Understanding Suicide Intervention
Course length (days)	2	1
Culturally developed within	North America	UK
Learner credits: UK regulated qualification framework	0	6
Evidence based	✓	✓
National (regulated) qualification in suicide prevention	×	✓
Tested learning – written assessment	×	✓
External moderation – City & Guilds Institute	×	✓
Accredited by an international awarding body	×	✓
Endorsed by UK 'Skills for Health' in 2012	×	✓
Mental Health Core Skills Education & Training Framework	×	✓
Mapped to ten National Occupational Standards	×	✓
Number of training rooms required	2	1
Number of facilitators required	2	1
Tutors must hold recognised PTLLS or PgCert Education	n/a	Mandatory
Tutors must be occupationally-competent Mental Health qualified practitioners	n/a	Mandatory

We provide both courses (among others) and they complement each other perfectly.

To book any training or to discuss your specific requirements, contact us at:

www.ncspt.org.uk



National Centre for
Suicide Prevention Training UK